

# CONTINUING STUDIES@UVIC



Gain a new perspective on foundational soft skills

## Essential Soft Skills Training

MICRO-CERTIFICATE



University  
of Victoria

**Register today!**

[continuingstudies.uvic.ca/ESST](https://continuingstudies.uvic.ca/ESST)

250-721-8558

[hsadmin@uvic.ca](mailto:hsadmin@uvic.ca)

While hard skills (or technical knowledge) are important, the increased use of technology in the workplace means that things can change quickly, and employers are looking for people who can demonstrate the human touch that machines cannot replace.

This six-week micro-credential is designed to complement your hard skills by equipping you with foundational soft skills such as communication, creativity, productive conflict resolution, self-awareness, social intelligence, problem-solving, critical thinking and team-building.

**Instructor:** Anna Marie White, MA, BA, is a consultant in corporate communications and project management in private and non-profit sectors. Anna Marie has a Bachelor of Arts and a Certificate in Public Administration at Memorial University of Newfoundland. She holds graduate qualifications from Regent College in Vancouver, BC, and she also completed an MA in corporate communications from Bournemouth University in the UK, where she graduated with distinction and received a commendation for top performance in her class.

**Delivery style:** Online Asynchronous

**Date:** Oct. 18 to Nov. 29, 2024

**Credential:** Micro-certificate

**Fee:** \$400

**Code:** HPPD700 2024F D01