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Encouraging new perspectives...

25TH ANNUAL

Current Concepts in Dentistry

Nov. 8–11, 2025

Earn up to 28 dental continuing education credits



**University
of Victoria**

continuingstudies.uvic.ca/28DentalCEcredits

Nov. 8–11, 2025

Welcome to the **25th** Annual **Current Concepts in Dentistry**

Dear Dental Professional,

To commemorate the 25th anniversary of Current Concepts in Dentistry, we invite you to join us this year as we complement our program of quality educational content with opportunities to celebrate together. Hosted on the beautiful grounds at the University of Victoria, this annual continuing professional dental event has grown into a favourite learning opportunity for dental professionals from across Canada and beyond.

This year's event will feature innovative lecturers who are outstanding leaders in their field. They will share their expertise on current issues and best practices, while advancing your learning in a friendly and collegial setting.

I invite you to attend one day, selected days, or all four days. Network with colleagues and even extend your stay while the University of Victoria treats you to the best of continuing dental education.

I look forward to seeing you in Victoria in November 2025!



Laura Vizina, BSc, MEd, CEC

Director, Health, Safety and Public Relations Programs
Division of Continuing Studies
University of Victoria

25 years of academic excellence

SPECIAL TRIBUTE

A special tribute to Dr. Bhardwaj, who was a practitioner, visionary and collaborator of the Current Concepts in Dentistry program. It is through his commitment that our program excellence will continue.

Special acknowledgement to our academic advisory committee:

Dr. William Bourque, Dr. Alex Darrach-Cottick, Serena Gardner, Dr. Anita Gadzinska-Myers, Dr. Andrea Harbeck and Dr. Kay Fung-Wang.

► Why should you attend?

- Learn from instructors who are experts in their fields
- Gain practical dental education you can apply to your practice
- Fulfill your dental CE requirements: earn up to 28 CE credits in four days
- Network with colleagues from across Canada and the US
- Enjoy Victoria BC, the city of gardens

► What will you learn?

This year's sessions will allow you to stay current in your profession by providing you with continuing dental education on the following topics:

- Anesthesia Excellence: Relieving Pain and Fear Safely
- Practical Oral Surgery for the General Dentist
- Mastering Implant Surgery: Techniques and Practical Applications
- Updates in Geriatric Dentistry for the General Dentist: Managing Complex Older Adults

► What else will you take away?

Seven hours of continuing education credits will be awarded per day of attendance. Dentists and allied personnel may attend one day, selected days, or all four days for a maximum of 28 continuing education credits.

► Where is the program held?

The sessions take place at the beautiful campus of the University of Victoria, which is about six kilometres from downtown Victoria with frequent, accessible bus services available. Those driving to campus may purchase parking permits at kiosks located in each campus parking lot. Classroom locations and a campus map will be provided in advance of the program.

► Want to stay in the loop?



Sign up for the Current Concepts in Dentistry e-mail list to stay informed and receive the latest updates, important news, and valuable insights directly to your inbox.

continuingstudies.uvic.ca/ccid-sign-up

A great university, a great city.



University of Victoria

uvic.ca

UVic is rated one of the top universities in Canada, welcoming over 22,000 students each year. The park-like campus is comfortable, lively and located just five minutes from the beach and 20 minutes from downtown Victoria.



City of Victoria

tourismvictoria.com

Boasting one of the mildest climates in Canada, Victoria is a year-round destination that offers a friendly, safe haven for all visitors. The wild beauty of the Pacific coast and adventures in the great outdoors are within city limits and ocean and mountain vistas will follow you wherever you go.

Daily schedule

Nov. 8–11, 2025

8–8:30 am	Registration and refreshments
8:30 am–noon	Presentation (with mid-morning break)
Noon–12:30 pm	Lunch (provided)
12:30–4 pm	Presentation (with mid-afternoon break)

Basic Life Support (BLS)*



**Offered on site, 4 to 8 pm
Sunday, November 9**

Basic Life Support (BLS) includes the recognition of, and initial intervention or treatment given by pre-hospital or in-facility responders to a patient suffering from cardiac arrest or respiratory arrest. The BLS curriculum truly supports the delivery of high performance, team-based professional-level resuscitation. Our BLS course is industry driven, designed as a robust resuscitation training program geared toward high quality CPR in a team environment, and recognizes the nuances of multidisciplinary teams with varied experiences. This program does not cover basic CPR training—it is designed to train professionals to respond to cardiac and breathing emergencies for adults, children and infants. The Canadian Red Cross Basic Life Support certificate is valid for one year.

Fee: \$150 per person | Course Code: HPPD270

BLS Refund Policy: Course withdrawal must occur by October 15, 2025 for a refund minus a \$35 administration fee. There will be no refund for withdrawal after October 15, 2025.

***NOTE:** *This course is only offered to dental professionals attending the Current Concepts in Dentistry program.*



**Don't miss our
Early Bird savings!**

See registration details on page 10

Anesthesia Excellence: Relieving Pain and Fear Safely

Saturday, Nov. 8: 8:30 am – 4 pm | Code: HPDS005-1 2025F C01

This course offers an in-depth exploration of pain control from the perspective of a dentist anesthesiologist. You will engage in a comprehensive examination of pain management strategies for both procedural and post-operative contexts. The curriculum includes a thorough review of pain physiology and psychology, covering essential topics such as local anesthetics, nitrous oxide, oral sedation, advanced sedation triage, and effective postoperative pain management. You will learn about the latest techniques and medications while gaining insights into managing medically compromised, elderly, and patients with disabilities who present unique challenges. Through a strong emphasis on preparation, understanding, and critical thinking, this course aims to enhance clinical judgment and improve patient outcomes.

Learning objectives

- Assess medical history effectively to identify risk factors.
- Write clear and concise medical consultations understandable by medical professionals.
- Enhance the efficacy of local anesthetics through best practices.
- Recognize the appropriate indications and contra indications for nitrous oxide use.
- Triage and select the most suitable oral sedation and other sedation modalities.
- Screen medically compromised patients to determine the optimal approach for care.
- Utilize problem-solving tools to optimize postoperative pain management strategies.
- Address various medical emergencies by understanding their causes and solutions.



Instructor: David Carsten, DDS, MAGD, is a dentist anesthesiologist. He is an assistant professor in Hospital Dentistry at Oregon Health Sciences University (OHSU). Dr. Carsten is the course director for Anesthesia and Sedation in Dentistry for DS2 students at OHSU. Dave is the past two-time chair of the Washington Dental Commission and former chair of the Infection

Control Committee. He has been the reviewing commissioner on multiple death cases. He is on a national committee with the Center for Disease Control regarding dental waterlines. Dave has nine publications in the scientific literature. He received the Award of Distinction in Continuing Education from the Academy of Dentistry International.

Practical Oral Surgery for the General Dentist

Sunday, Nov. 9: 8:30 am – 4 pm | Code: HPDS005-2 2025F C01

General dentists are the principal oral care givers. They are the backbone of the profession and have a tremendous responsibility to maintain, and improve, the oral health of their patients. Consequently, dental patients often expect to be treated by their primary dentist—the clinician they are most comfortable with and trust. This course is designed to discuss challenges encountered by general practitioners when planning and performing oral surgery treatment. We will review case selection, timing of third molar removal, surgical techniques, management of complications, and practical surgery pearls. Whether you are a seasoned general dentist who enjoys surgery, or a novice who would like a confidence boost, you will gain practical tips to increase your knowledge and comfort zone in your everyday practice.

Learning objectives

- Review rationale behind removal of third molars and case selection.
- Review extraction techniques including local anesthesia, flap design and methods of tooth sectioning.
- Discuss potential complications and their management.
- Review pre-prosthetic surgery techniques that can be accomplished by a general dentist (alveoplasty, reduction of tori and exostoses, socket grafting).
- Review biopsy techniques in general practice.



Instructor: Antonella Trache, CD, BSc, DDS, CertOMS is an oral and maxillofacial surgeon who is currently the discipline lead for Oral and Maxillofacial Surgery at the University of Alberta School of Dentistry. She retired from the Canadian Armed Forces after a 21-year career where she accumulated a vast array of memorable and valuable experiences.

Dr. Trache was the first female oral and maxillofacial surgeon in the Royal Canadian Dental Corps. Since leaving the military, she has been involved with the School of Dentistry as an associate clinical professor on a part-time basis before joining the faculty full-time. She is actively involved with the General Practice Residency program, where she mentors four GPR residents in clinic-based dentoalveolar surgery. Dr. Trache is also a clinical instructor with Continuing Dental Education in the Intravenous Sedation program and the Alberta Implant Residency program. She presented lectures and workshops on maxillofacial trauma topics to various military and civilian organizations, and study clubs throughout the country. Additionally, Dr. Trache is a member of several committees and maintains a private practice at Contours Oral Surgery in Edmonton.

Mastering Implant Surgery: Techniques and Practical Applications

Monday, Nov. 10: 8:30 am – 4 pm | Code: HPDS005-3 2025F C01

This course is designed for general dentists and recent graduates looking to incorporate dental implants into their practice. Essential principles are covered, from patient evaluation and treatment planning to surgical placement and complications management. Participants start with an introduction to dental implants, covering a historical perspective, modern advancements, and the biological principles behind osseointegration. This course continues with an overview of patient evaluation and treatment planning, focusing on case selection, medical considerations, radiographic analysis, and digital workflows. Participants will also learn step-by-step surgical techniques, including incision design, drilling protocols, implant placement, and suturing techniques for optimal success. Finally, the course addresses complication prevention and management, common challenges, peri-implantitis, surgical complications, and decision-making for long-term implant success.

Learning objectives

- Understand the biological and historical foundations of dental implants, including the evolution of implant systems and the principles of osseointegration that underpin successful surgical outcomes.
- Evaluate and select appropriate implant cases through comprehensive patient assessment, including medical history, radiographic interpretation, CBCT utilization, and digital workflow integration.
- Demonstrate knowledge of step-by-step surgical protocols, including proper incision design, osteotomy preparation, implant insertion, and suturing techniques to ensure stability and soft tissue health.
- Identify and manage surgical and prosthetic complications, such as malpositioned implants, peri-implantitis and intraoperative challenges.
- Integrate implant therapy into a general dental practice, focusing on patient communication, informed consent, practice readiness, and progressive training pathways.



Instructor: Arun K. Garg, DMD is a nationally recognized dental educator and dental surgeon who for nearly 20 years, served as a full-time clinical professor in the Division of Oral and Maxillofacial Surgery at the University of Miami Leonard M. Miller School of Medicine. Currently, he is in private practice in South Florida along with running implant seminars

and continuing education for dentists. Dr. Garg is considered one of the world's preeminent authorities on bone biology, harvesting, and grafting for dental implant surgery, and has written and published nine books, which have also been translated into multiple languages and distributed worldwide. He has been a featured speaker at dozens of state, national, and international dental association conventions including the American Academy of Periodontology, the American College of Oral and Maxillofacial Surgeons, and the International Dental Implant Association.

Updates in Geriatric Dentistry for the General Dentist: Managing Complex Older Adults

Tuesday, Nov. 11: 8:30 am – 4 pm | Code: HPDS005-4 2025F C01

The North American population is aging and most dental practices have significant portions of their patient pool over the age of 65. There is great clinical heterogeneity amongst older adults, ranging from functionally independent, to frail and functionally dependent. Multimorbidity, polypharmacy and frailty contribute to functional decline in older adults and increase the risk of rapid oral health deterioration. Declines in cognition can affect patient co-operation for dental procedures, consent and daily oral hygiene. Managing the dental needs of frail and functionally dependent older adults presents numerous clinical challenges, including treatment planning and delivery. In this course, practical tips will be discussed for managing common clinical scenarios in complex older adults, with a focus on skills that can be used in private practice.

Learning objectives

- Describe the impact of cognitive decline, multimorbidity, and frailty on oral health.
- Describe practical skills that clinicians can use chair side to foster a positive experience for frail and functionally dependent older adults in the operatory.
- Describe practical skills that dental administrative teams can use to create a positive office experience for older adults.
- Employ clinical techniques to manage root caries in older adults.
- Evaluate various treatment plans for medically complex older adults in the setting of rapid oral health deterioration.



Instructor: Nicholas Tong BHSc, DDS, MSc, FSCD, FACD is an assistant professor of teaching at the University of British Columbia (UBC) Faculty of Dentistry in the Division of Prosthodontics and Dental Geriatrics. He is the program director for the UBC General Practice Residency. Dr. Tong graduated with a BHSc degree from McMaster University, a DDS degree

from the University of Toronto, a GPR certificate from the University of Alberta Hospital, and a MSc (Craniofacial Science) degree from UBC. He is a staff dentist with the UBC Geriatric Dentistry program, treating frail and functionally dependent patients in long-term care. Dr. Tong is chair of the Geriatric Dentistry Committee with the British Columbia Dental Association, a fellow with the Special Care Dentistry Association and American College of Dentists, and a director at large with the American Society for Geriatric Dentistry.

Savvy Early Birds register before Oct. 17, 2025 and save up to \$500!

Fees include tuition, refreshment breaks and lunch (ALL FEES IN CANADIAN DOLLARS)		Early Bird fee to Oct. 17	Regular fee to Nov. 7	Early Bird savings
Dentist (per person)	1 day	\$695	\$795	13%
	2 days	\$1,390	\$1,490	13%
	3 days	\$2,085	\$2,235	13%
	4 days (Full program)	\$2,295	\$2,795	18%
Allied Professional (per person)	1 day	\$315	\$395	22%
	2 days	\$630	\$790	22%
	3 days	\$945	\$1,185	22%
	4 days (Full program)	\$995	\$1,295	23%
Nov. 9, 4–8 pm	Basic Life Support (BLS)*	—	\$150	—

*Code: HPPD270; see page 5 for details

NOTE: Walk-in registrations after Nov. 7 will be subject to an additional 10% on the regular fee.

How to register

-  **ONLINE:**
continuingstudies.uvic.ca/28DentalCEcredits
-  **CALL:**
250-472-4747

The Division of Continuing Studies reserves the right to cancel/reschedule courses or other offerings without notice and to establish special regulations for admission to non-degree programs or courses. If a course or offering is cancelled/rescheduled, the liability of the Division of Continuing Studies is limited to a refund of the course fee or, if desired, transfer to another offering. The relevant law for all matters concerning this program shall be the law of the Province of British Columbia, Canada.

If you must withdraw due to unforeseen circumstances, please phone 250-472-4747 at least five working days prior to commencement of the course to receive a refund. Dentists will be charged a \$75 administration fee per day of withdrawal, and allied personnel will be charged a \$40 administration fee per day of withdrawal.

The University of Victoria collects personal information on its registration form pursuant to the *University Act*, RSBC 1996, c.468 and section 26 of the *Freedom of Information and Protection of Privacy Act*. The information you provide is used for the purposes of admission, registration and other decisions relating to your Continuing Studies program. For details on how the information is used, contact Continuing Studies or read UVic Policy 4400, Access to Student Records at: uvic.ca/registrar.

A blurred background image of a dental clinic, showing a blue dental chair and various dental equipment.

**EARN 28 DENTAL
CONTINUING EDUCATION CREDITS**

A close-up image of a dentist wearing blue gloves, using a dental mirror to examine a patient's teeth. The patient is smiling.

**LEARN FROM EXPERTS
IN THE FIELD**

A night-time photograph of the Victoria, BC waterfront. The Empress Hotel is illuminated and reflected in the water, with a bridge and marina in the foreground.

**SPEND AN EXTENDED WEEKEND
IN VICTORIA, BC**

A group of dentists and professionals in business attire standing in a modern, brightly lit room, engaged in conversation.

**NETWORK WITH COLLEAGUES
FROM AROUND THE WORLD**



This year marks 25 years of providing quality dental continuing education at the University of Victoria. The success of Current Concepts in Dentistry would not be possible without your continued support. Join us as we acknowledge and celebrate this important milestone.

ADA C.E.R.P.[®] | Continuing Education
Recognition Program

The University of Victoria is an ADA CERP Recognized Provider. ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry.

The University of Victoria designates this activity for seven continuing education credits per day.



**University
of Victoria**

**Current Concepts in Dentistry
Nov. 8–11, 2025**

Health, Safety and Public Relations Programs
Division of Continuing Studies
University of Victoria
PO Box 1700 STN CSC
Victoria, BC V8W 2Y2

Tel 250-472-4747 | Fax 250-721-8774
hsadmin@uvic.ca